



Functional imaging of proteases: recent advances in the design and application of substrate-based and activity-based probes

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Proteases are enzymes that cleave peptide bonds in protein substrates. This process can be important for regulated turnover of a target protein but it can also produce protein fragments that then perform other functions. Because the last few decades of protease research have confirmed that proteolysis is an essential regulatory process in both normal physiology and in multiple disease-associated conditions, there has been an increasing interest in developing methods to image protease activity. Proteases are also considered to be one of the few 'druggable' classes of proteins and therefore a large number of small molecule based inhibitors of proteases have been reported. These compounds serve as a starting point for the design of probes that can be used to target active proteases for imaging applications. Currently, several classes of fluorescent probes have been developed to visualize protease activity in live cells and even whole organisms. The two primary classes of protease probes make use of either peptide/protein substrates or covalent inhibitors that produce a fluorescent signal when bound to an active protease target. This review outlines some of the most recent advances in the design of imaging probes for proteases. In particular, it highlights the strengths and weaknesses of both substrate-based and activity-based probes and their applications for imaging cysteine proteases that are important biomarkers for multiple human diseases.

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Introduction

The protease family contains approximately 560 members, comprising nearly 2% of the human genome. The primary function of this diverse family of enzymes is to cleave specific peptide bonds of substrates. While this activity is important for normal cellular processes, it is also

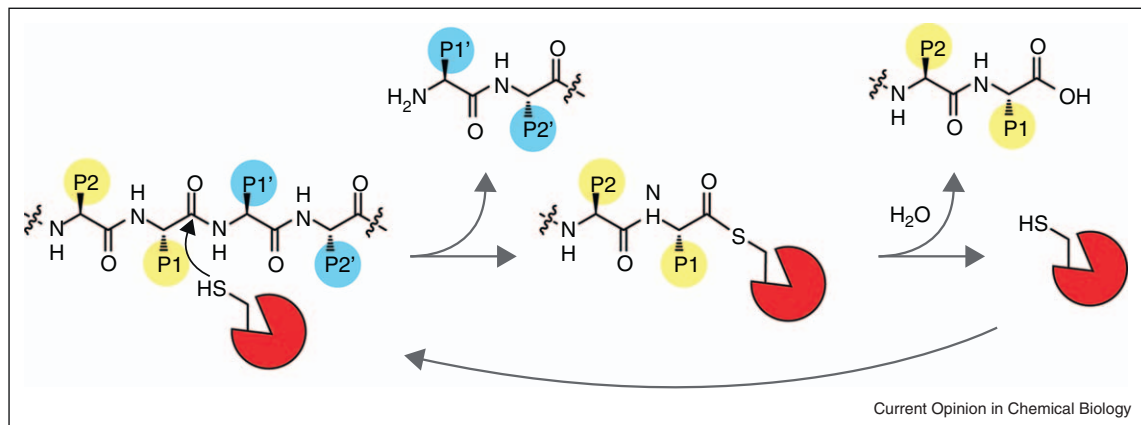
a critical regulatory mechanism for many pathologies including cancer, arthritis, atherosclerosis, and neurodegenerative disorders such as Alzheimer's and Huntington's Disease, among others. Proteases are classified into seven subfamilies, according to their mechanism of catalysis. Cysteine, serine, and threonine proteases use a nucleophilic amino acid side chain to catalyze the hydrolysis of the peptide substrate (Figure 1). Metallo and aspartic proteases, on the contrary, use active site residues to deprotonate a water molecule for substrate attack.

Because unchecked proteolysis would be highly detrimental to the cell, proteases are subject to tight regulatory mechanisms. They are synthesized as inactive zymogens that can be activated by a number of mechanisms. Once activated, proteases are often negatively regulated by endogenous protein-based inhibitors. Therefore, to obtain a clear understanding of both the normal and pathological function of proteases, direct assessment of the regulation of their enzymatic activities is required. Traditional tools, such as antibodies or proteomic methods survey total protein levels and therefore do not provide information on the dynamic regulation of protease activity. For this reason, new biochemical tools to study protease activity have been in high demand. This review will primarily discuss two major classes of probes, substrate-based and activity-based probes, and how these reagents have been applied to study the biological function of cysteine proteases biochemically and using optical imaging methods. We aim to provide a crucial interpretation of the pros and cons of each type of probe and to provide insight regarding the future of this technology.

Substrate-based probes

Although proteases were originally thought to completely degrade proteins in order to maintain homeostasis of protein levels in the cell, it is now clear that they perform limited proteolysis of substrates at defined cleavage sites. This allows proteases to regulate structure, function, and localization of substrates. Although the ability to cleave a specific site on a protein substrate can be controlled by a number of factors including tertiary structure and localization of target and protease, in many cases, substrate cleavage is controlled by the primary amino acid sequences surrounding the scissile amide bond. Therefore, it is possible to generate fluorescent substrate probes based on optimal peptide sequences, whose spectral properties change when cleaved by an active protease. The simplest and perhaps most widely used fluorogenic

Figure 1



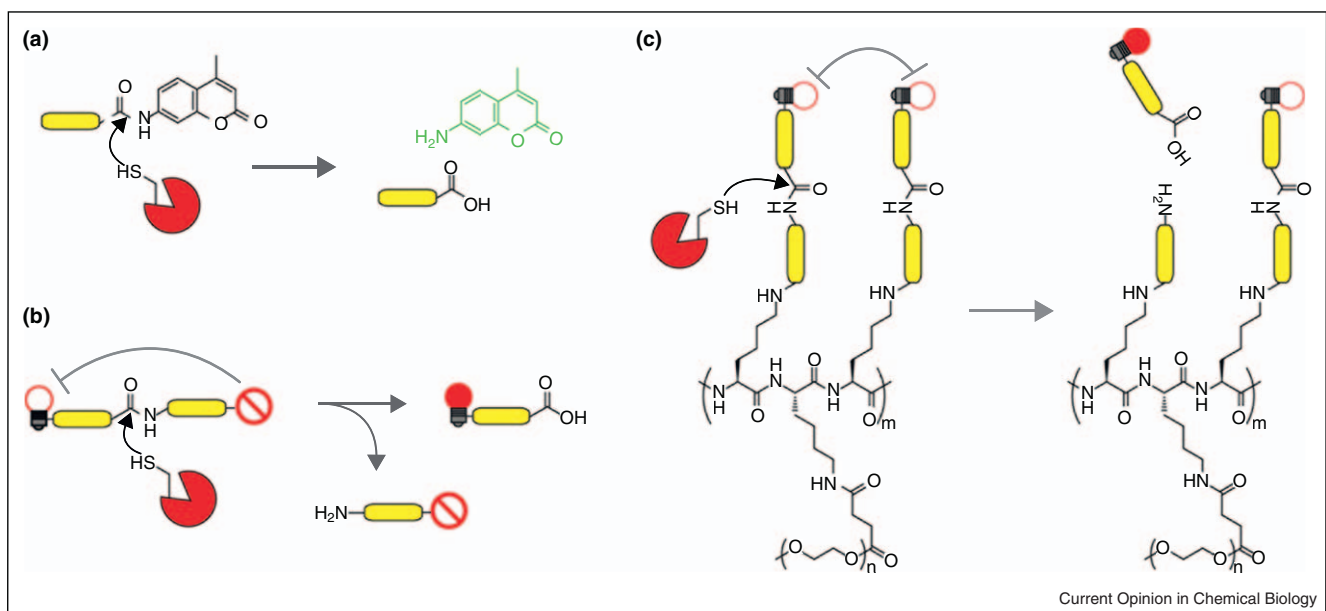
Mechanism of cysteine protease catalysis. The active site cysteine nucleophilically attacks the scissile amide bond of the substrate between amino acid residues P1 and P1', liberating the amino terminus of the substrate. This results in the formation of a transient thioester bond that is subsequently hydrolyzed to release the carboxy terminus of the substrate and regenerate the active enzyme.

substrate probes consist of a peptide sequence attached at the c-terminus to a fluorophore, such as an aminomethyl-coumarin (AMC) [1,2] (Figure 2A). In the presence of the active protease, the AMC is cleaved from the peptide, leading to a detectable shift in its fluorescent spectrum. Alternatively, it is also possible to make peptide substrates containing a fluorophore and quencher at opposite

ends of the substrate (Figure 2B). These substrates can then be cleaved to liberate fluorescent fragments.

Another important class of substrate-based probes for proteases uses two or more fluorophores, that are self-quenched when in close proximity [3^{**},4^{*},5,6]. Multiple fluorophores can be linked to graft polymers containing

Figure 2



Substrate based probes. (A) *Fluorogenic substrate.* A fluorophore such as aminomethyl coumarin (AMC) is attached to the c-terminus of a short peptide. The protease cleaves the AMC from the peptide, resulting in a detectable shift in fluorescent spectrum. (B) *Quenched substrate.* A short peptide flanked by a fluorophore and a quencher is intrinsically dark until the quencher is released by proteolysis. (C) *Polymer based probes.* A high density of fluorophores are self-quenched when held in close proximity by a poly-lysine backbone. Once liberated by proteases, the fluorophores emit light.

peptide substrate sequences (Figure 2C). When these linkers are cleaved by the protease, free fluorescent monomers are released. This class of probes has been used to study the activity of multiple classes of proteases in a number of disease models, and will be discussed in greater detail below.

While natural substrate sequences often serve as a starting point for probe development, these sites may also be engineered to enhance potency and sensitivity towards the protease target of choice. A common way to identify optimal substrate sequences is to generate positional scanning libraries, in which pools of fluorogenic peptide substrates are generated with one position held constant as a fixed amino acid, while the other positions are mixtures of all possible natural amino acids [7–10]. Each pool contains a different fixed amino acid, and the pools that yield the highest fluorescence in the presence of the enzyme indicate the optimal residues for that site. Subsequently, if multiple positions are scanned, the results can be combined to produce substrate recognition sequences for various proteases. However, the use of positional scanning methods has its drawbacks since it fails to provide information on the cooperativity of multiple substrate positions for binding in the active site of the protease target. Therefore, some have chosen to focus on libraries of individual protease substrates [11,12]. Another more recent strategy for generating selective substrates uses a ‘reverse design’ approach in which protease inhibitors that have been optimized by medicinal chemistry serve as a starting scaffold for design of substrate-based probes [13,14*].

Activity-based probes

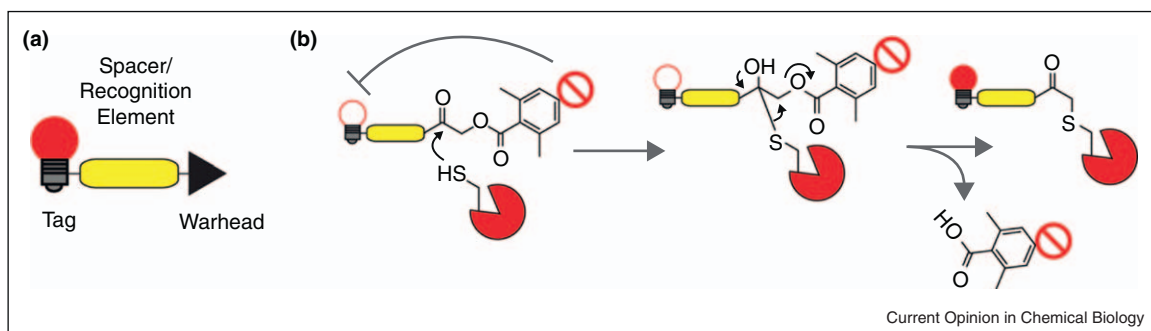
As an alternative to substrate-based probes, it is also possible to monitor protease activity using activity-based probes (ABPs). ABPs are compounds that have been

engineered to covalently modify enzyme targets in an activity dependent manner. ABPs typically contain a reactive functional group (often referred to as a warhead) linked to a targeting sequence and a tag for visualization or affinity purification (Figure 3A). ABPs have been developed for a number of enzyme families, including proteases, kinases, phosphatases, glycosidases, etc. [15].

Activity-based probes differ from substrate-based probes primarily in their mechanism of action. Rather than acting as a substrate that is processed by the protease, they act as direct covalent inhibitors of the protease. Like substrate-based probes, ABPs also contain primary recognition motifs that drive selectivity towards the protease of interest and away from others. ABPs can be tagged using a variety of modalities, including fluorescence, biotinylation, and radiolabels [16]. Because ABPs covalently modify the target enzyme, it is possible to directly identify and quantify the amount of labeled protein using standard biochemical methods. Fluorescent or radioactive tags can be visualized by scanning of the resulting SDS-PAGE gel. Biotin probes can be detected by western blotting and also allow direct affinity purification of target proteases [17].

Some types of electrophiles also allow the use of fluorophore/quencher pairs. The most prominent example is the acyloxymethyl ketone (AOMK) group [18*,19**], which releases a carboxylate leaving group upon modification of a protease target. If a quencher is linked to this leaving group, the result is a ‘smart probe’ that only produces a fluorescent signal when covalently bound to the protease target (Figure 3B). Like the substrate-based probes, quenched ABPs are ideal for live cell imaging applications as they allow monitoring of protease activation in real time. Furthermore, unlike the substrate probes, ABPs remain bound to the target protease allowing dynamic studies of enzyme activation and localization.

Figure 3



Activity based probes. (A) A typical activity based probe consists of three parts: a reactive element that confers specificity towards a particular class of proteases, a spacer that often contains recognition elements, and a tag for detection. (B) *Quenched ABP.* Nucleophilic attack of an acyloxymethyl ketone electrophile by a cysteine protease results in the formation of a transient tetrahedral intermediate and subsequent loss of an O-acyl leaving group. If a quencher is linked to this leaving group, the result is a probe that fluoresces only in the presence of active proteases.

Applications of substrate-based and activity-based probes

Cathepsins

Papain-like cysteine proteases, or cysteine cathepsins, were once thought to degrade proteins nonspecifically in the lysosome. However, their roles in normal cellular processes and disease pathologies have become increasingly apparent. Cysteine cathepsins are implicated in cancer progression, owing to their roles in angiogenesis, apoptosis, and tumor cell invasion [20]. They are also key regulators of inflammation in diseases such as atherosclerosis, rheumatoid arthritis, and asthma. A number of probes have been developed for studying the functional roles of cysteine cathepsins. In addition to being valuable biochemical reagents, many of these probes have also become useful as contrast agents for imaging disease processes.

To this end, Blum *et al.* developed a series of AOMK-based ABPs that target cathepsin B, L, and S [18^{*}]. Both quenched and non-quenched versions are cell permeable and can be used to biochemically profile active cathepsins in live cells and lysates by fluorescent SDS-PAGE. Furthermore, near infrared versions of the AOMK probes can be used for whole-body non-invasive imaging. GB123 and GB137 (non-quenched and quenched, respectively) both accumulated specifically in xenografted tumors of nude mice upon systemic intravenous delivery [19^{**}]. The quenched probe showed specific signal in tumors in as little as 30 min, whereas the non-quenched version required longer times to generate contrast, owing to the need to clear the unbound probe. Importantly, fluorescent signal in the tumors could be substantially reduced by pretreatment with a potent cathepsin inhibitor indicating the specific nature of the accumulation. Since its initial publication, GB123 has been applied in a number of additional studies. Most recently it was used to show the localization of Cathepsin B activity to caveolae of endothelial cells during tube formation *in vitro*, to investigate the role of cathepsins in VEGF-induced angiogenesis, and to image the effects of expression of neutrophilic granule protein (NGP) in tumors [21–23].

In addition to ABPs, there has been significant interest in the use of quenched substrate probes for non-invasive imaging applications. Polymer-based probes have been developed by VisEn Medical (now Perkin Elmer) and are commercially available. In particular, ProSense-680, a cathepsin targeted probe, has been used to assess the contribution of Cathepsin B activity to many inflammatory processes, including asthma [24], focal inflammation, angiogenesis, and growth of intestinal polyps [3^{**}], immune cell function following rejection of transplanted mouse hearts [25], and following myocardial infarction [5]. Substrate based probes have also been used to image cathepsin activities and assess their contributions in other heart-related conditions including early aortic valve disease [26] and atherosclerosis [27].

A variation of the ProSense-680 probe containing a substrate sequence with selectivity towards Cathepsin K, a matrix-degrading elastase, was used to study atherosclerosis [28]. Using intravital fluorescent microscopy, Cathepsin K activity was identified in strong focal regions of atherosclerotic lesions. Fluorescence was strongly enhanced in the macrophage population and colocalized with immunoreactive Cathepsin K. In this instance, the population of Cathepsin K was broader than the probe fluorescence, suggesting that only a fraction of the total protein was proteolytically active. The same substrate-based probe was also used to image Cathepsin K activity in osteoclasts in models of accelerated bone loss [4^{*}].

A new class of substrate probes was recently developed using a 'reverse design' method in which potent inhibitors are converted into cleavable reporter substrates [13,14^{*}]. Because these inhibitors were optimized using extensive medicinal chemistry efforts, they are highly selective and have optimized pharmacokinetic properties making them likely to be better probes than standard peptide substrates. One substrate probe developed by this approach, AW-091, was used *in vivo* to image cathepsin S activity in a mouse model of paw inflammation. Comparison with ProSense680 in the same models indicated that AW-091 gave maximal signal-to-noise ratio after 3 h, while ProSense680 required 24 h, reflecting enhanced pharmacodynamic properties.

Caspases

Caspases are cysteine proteases that mediate a programmed form of cell death called apoptosis [29]. Apoptosis is crucial for normal development and tissue homeostasis, as well as for a number of diseases including cancer. In addition, a subfamily of caspases plays a major role in regulating a pro-inflammatory form of cell death called pyroptosis [30]. Caspases have a unique reactivity compared to other cysteine proteases, in that they only cleave substrates containing aspartic acid residues in the P1 position. Therefore, all peptide-based probes for caspases have made use of this selectivity requirement.

As with cathepsins, one of the major challenges in developing probes for caspases is selectivity for unique proteases within the family (i.e. caspase-3 over caspase-7); however, an even bigger problem is the tendency for caspase probes to target other enzymes, such as cathepsins or legumain [31^{*},32^{*}]. Legumain, is a lysosomal cysteine protease that has roles in antigen processing [33], matrix degradation, and tumorigenesis [34]. Legumain has a preference for substrates containing asparagine in the P1 position, however, it is also capable of binding to activity-based AOMK probes containing a P1 aspartic acid (Asp) [35]. This is most likely due to the fact that the Asp side chain is protonated in the acidic environment of the lysosome, allowing it to fit into the S1 binding pocket of the active site.

In an attempt to develop selective probes for caspases, Berger *et al.* used a positional scanning library approach [36]. Optimal sequences were identified and converted to biotinylated probes, which were evaluated in kinetic studies using cell free extracts and intact cells. In subsequent studies, the most selective caspase ABPs were tagged with NIRF fluorophores for use in non-invasive imaging applications [32^{*}]. Interestingly, the most potent *in vitro* probe exhibited substantial cross-reactivity with cathepsin B and legumain. To avoid cathepsin reactivity, a proline was introduced at the P2 position. This new probe, AB50 (Cy5-EPD-AOMK), showed significantly improved *in vivo* selectivity properties and was applied *in vivo* in two mouse models of apoptosis. These studies show that, in addition to being valuable for non-invasive imaging applications, AB50 can also be used to assess apoptosis by microscopy, flow cytometry, and *ex vivo* fluorescence imaging. Importantly, since the probes are covalent labels, caspase modification can be confirmed biochemically using SDS-PAGE. These studies also confirmed that AB50 suffers from cross-reactivity with legumain. Efforts were made to reduce legumain reactivity, but increased selectivity came at the cost of reduced caspase potency.

Addition of the transporter peptide Tat to AB50 (tAB50) significantly enhanced the fluorescent signal in apoptotic cells. Unfortunately, the Tat labeled probes increased labeling of both legumain and Cathepsin B, owing to uptake of the Tat-labeled probes by endocytosis. Hence, transporter peptides such as Tat may not be ideal for delivery of probes to cytosolic protease targets, especially when primary off-targets are lysosomal enzymes.

One of the most widely used classes of activity-based probes for caspases contains a fluoromethyl ketone (FMK) electrophile. Carboxyfluorescein and sulphorhodamine-labeled versions are commercially available and marketed under such names as FLICA (fluorochrome-labeled inhibitor of caspases) and CaspaTag. FLICA has been used to assess the kinetics of cell death in response to several stimuli by flow cytometry [37] and microscopy [38]. FAM-YVAD-FMK is also a common reagent to visualize caspase-1 activity during inflammasome-dependent cell death [39]. New versions called FLIVO are currently being marketed for use in *in vivo* studies [40,41].

CaspaTags for caspase 3/7 (SR-DEVD-FMK) and caspase 9 (FAM-LEHD-FMK) were used in a head-to-head comparison with cleaved caspase antibodies for immunofluorescence microscopy of gentamicin-treated chick cochlea [42]. The overall trend and timing of labeling with both antibodies and the CaspaTag probes were similar; however, at later time points the CaspaTag showed more caspase-3 positive cells than the antibodies. The authors concluded that antibodies showed the activated caspases

present at a given time point, whereas the CaspaTag could track cells that had already completed cell death in addition to those currently dying, giving a more complete assessment of apoptotic cells. Alternatively, the enhanced signal from CaspaTag may be due to cross-reactivity with other proteases. Specifically, FMK-based and CMK-based inhibitors have been shown to block the activity of cathepsins and legumain [31^{*}]. The increase in fluorescence at late stages of apoptosis in chick cochlea may reflect the involvement of lysosomal proteases in cell death [43]. This cross-reactivity could also explain the results of studies that show that FLICA signal in flow cytometry could not be decreased by pre-treating cells with concentrations of untagged Z-DEVD-FMK or Z-VAD-FMK sufficient to block caspase activity [44,45]. Interestingly, there have been no reported biochemical data regarding the selectivity of the FLICA reagents when used in cells. Inhibitor versions marketed as selective for specific caspases (i.e. z-DEVD-FMK for caspase-3/7, z-LEHD-FMK for caspase-9, z-LETD-FMK, etc.) were demonstrated to have broad reactivity in competition assays [9]. Given these findings, one should interpret all data obtained using activity-based probes with extreme caution. Data analysis should always be paired with careful biochemical analyses, such that observations of enzyme activity and function can be assigned to the correct enzyme.

Likewise, the same practice should be applied to the use of substrate-based probes, which also suffer from a lack of specificity that is even more difficult to track. The most widely used substrate probes are the fluorogenic substrates, which typically contain a tetrapeptide caspase cleavage site and aminomethylcoumarin (AMC) or aminofluorocoumarin (AFC). These reagents are commercially available and, like FMK probes, are usually marketed as specific for one caspase. The specificity regions have been optimized based on reported data from positional scanning studies [1]; however it is important to keep in mind that just because an enzyme *prefers* one substrate over others does not mean it *cannot* cleave the others, especially at higher substrate concentrations.

In 2005, Bullok and Piwnicka-Worms first described the synthesis of a novel substrate based probe for imaging caspase activity during apoptosis [46]. This probe, TcapQ₆₄₇, contains the caspase substrate DEVD, flanked by a fluorophore/quencher pair, Alexa Fluor 647/QSY 21. Similar to the tAB50 activity-based probe [32^{*}], TcapQ₆₄₇ contains the tat peptide sequence. Initial studies with this probe verified that it was 92–99% quenched, and that it could be unquenched in the presence of active caspase-7 and caspase-9. Apoptotic cells could be detected by flow cytometry and fluorescence microscopy. Later, the kinetic properties of this probe towards other caspases were reported, and a non-cleavable control probe was shown to be inactive in apoptotic cells [47^{**}]. These probes were also used *in vivo* in a model of parasite-induced apoptosis in

human colon xenografts. The degree of fluorescence in tumors was shown to correlate with the rate of apoptosis, as assessed by TUNEL assay.

A second generation probe called KcapQ was later introduced, in which the tat peptide was replaced by the Lys-Arg-rich sequence KKRRKV [48]. Efficacy of KcapQ was assessed in a mouse model of retinal ganglion cell apoptosis induced by N-methyl-D-aspartate (NMDA), a clinically relevant model of glaucoma. NMDA-treated eyecups showed an increase in fluorescence when compared with PBS-treated controls and localization corresponded with TUNEL-positive cells. TcapQ was also tested in this model [49]. Pre-treatment with Z-DEVD-FMK reduced the number of probe-positive cells by approximately 60%.

Pros and cons of substrate-based and activity-based probes

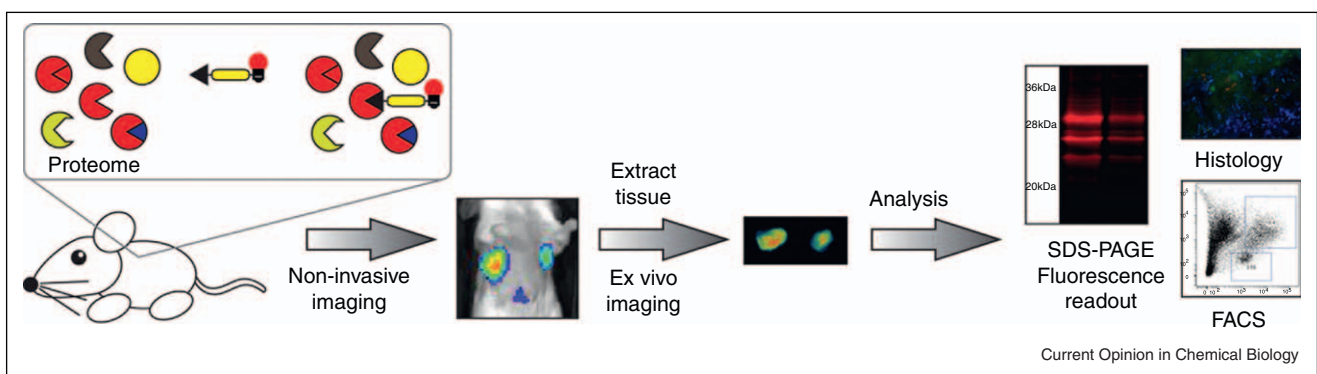
One of the potential drawbacks of the quenched activity-based probes is that, owing to their covalent nature, there is a one-to-one reaction between probe and enzyme, preventing signal amplification. Because the substrate-based probes do not render the protease inactive, one molecule of enzyme is theoretically able to cleave many probe molecules, potentially leading to enhanced fluorescent signal. In order to assess the potential contribution of signal amplification, Blum *et al.* performed a comparative assessment of the ProSense substrate-based probes and the AOMK ABPs by non-invasive imaging of tumors [50]. The data indicate that ProSense probes are less bright and slower to produce signal than the corresponding ABPs. These results suggest that signal amplification may not be a major factor in overall signal strength and

probe sensitivity. Another explanation is that the large polymer probes have slower penetration into tissues followed by more rapid diffusion of the cleaved fluorophores after proteolysis. As a result, VisEn Medical has introduced a new class of 'fast' probes that are based on smaller substrate scaffolds.

One of the other major drawbacks of substrate-based probes is the assessment of their selectivity. Peptide substrates can be cleaved by any number of proteases including members of multiple families (i.e. metallo, aspartyl, cysteine, etc.). Furthermore, since the probe does not stay bound to the target, it is difficult or impossible to identify the protease responsible for generation of signal. Activity-based probes, on the contrary, make use of reactive functional groups that have a defined reactivity within a general protease class. For example electrophiles that target cysteine proteases are different from electrophiles that would be used for serine proteases. Thus, by controlling the reactive group, it is possible to generate a significant degree of class selectivity before any efforts are made to identify selective binding sequences.

On the contrary, a potential disadvantage of ABPs is the fact that they inhibit the target protease, thus potentially altering the biology of the system. To address this issue, Blum *et al.* removed tumors that had been non-invasively imaged with an ABP and labeled extracts *ex vivo* using a radiolabeled general cathepsin probe ^{125}I -JPM-OEt. Cathepsin B activity in tumors from probe treated mice was not significantly reduced compared to vehicle-treated control tumors, suggesting that ABPs only inhibit a small fraction of active enzyme *in vivo*, therefore they are not likely to alter the biology being studied.

Figure 4



Applications of fluorescent probes for proteases. Both activity- and substrate-based probes are designed to emit a fluorescent signal in the presence of the target protease and are able to discriminate against off-targets in a complex proteome. This approach has been highly amenable for non-invasive *in vivo* imaging of protease activity associated with normal development and many pathologies. Because the fluorescent signal remains relatively constant, subsequent analyses may be performed to determine its exact source, whether through *ex vivo* imaging of tissues or at cellular levels using flow cytometry or microscopy. In the case of activity-based probes, which covalently modify the active site, biochemical analyses can determine which proteases are modified, allowing confirmation that the fluorescent signal is indeed due to activity of the target protease.

Conclusions

Cysteine proteases have been targeted by a significant number of probes, resulting in a wealth of tools that can be used to monitor their activity. Here we have described key advances in the development of fluorescent probes for imaging cysteine proteases. We have highlighted some of the key differences between substrate-based and activity-based probes, providing insight into the strengths and weaknesses of each. Both classes of probes have utility across a wide range of applications, allowing analysis of protease activity at organismal, tissue, single-cell and biochemical levels (Figure 4).

Many factors go into the making of the ideal protease probe. Not only must a probe detect activity, it must do so selectively in order to distinguish between family members with similar substrate specificity. Probes must be reactive, but not so reactive that they bind every cysteine they encounter. Probes must yield a detectable and sustained signal, so they must also be stable *in vivo*. One of the major hurdles in developing useful probes is the need for cell permeability. Probes must freely enter the cell, but they also need to be directed to the proper location such that they come into contact with the desired proteases. As discussed for the caspases, this can be especially difficult for cytoplasmic proteases. The future of protease probes will be focused on improving selectivity and improving cellular delivery and pharmacodynamic properties for *in vivo* studies.

Acknowledgements

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